

The right diagnosis helps Deborah find her voice



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When MissionPoint opened its on-site clinic at the Kohl’s Warehouse in San Antonio in November 2012, Deborah Scheel was one of the first employees through the door.

Deborah was continually suffering from a sore throat and severe coughing, which resulted in serious chest pain and hoarseness in her voice. These debilitating symptoms kept her home, missing several days of work. She tried a variety of over-the-counter medications, but they only led to more symptoms, including stress and fatigue.

“I was in such pain and embarrassed by my terrible coughing,” Deborah recalls. “I was coughing so much that my ribs felt like they were breaking. I’d been sick for months and was missing a lot of work. I had no idea how to get better, and nothing I was doing was working.”

Deborah was diagnosed with allergic rhinitis, sinusitis and bronchitis, and she received several prescriptions that would treat her symptoms with a more targeted approach. A healthcare provider at the Kohl’s Wellness Center, a clinic operated by MissionPoint Health Partners, also discussed ways to modify Deborah’s diet to aid in her recovery and ways to treat her throat and larynx to help get her voice back to normal.

“It’s so convenient to have the clinic here at work,” Deborah said. “They really listened to what was bothering me. I felt like they truly cared and did everything they could to address all my issues. They made sure the prescriptions and care they gave me really dealt with everything, including the terrible pain I was experiencing from coughing so much. Within a week, I was feeling great and back at work.”